

The Poetry Of Freedom: Poetry From The Soul To The Page

The beauty of poetry lies in its ability to transcend barriers and capture the essence of human emotion. It is a truly liberating form of expression that allows the soul to soar freely and unapologetically. In this article, we explore the profound connection between freedom and poetry, delving into the depths of the human experience and exploring the artistry that emerges when the soul meets the page.

Finding Freedom Through Words

For centuries, poets have used their words as a means of liberation – a way to break free from the constraints of society and express their deepest thoughts and emotions. The act of writing poetry allows individuals to tap into their innermost desires and fears, giving them a voice that might have otherwise remained silent.

Through poetry, one can explore the complexities of life, love, joy, and pain. It provides a space to navigate the uncharted territories of the mind and connect with others on a deeply personal level. In a world that often suppresses individuality and conformity, poetry serves as a refuge where freedom can thrive.



Poet Loiterer: The Poetry of Freedom (Poetry from the soul to the page Book 5) by D.L. Lang(Kindle Edition)

★★★★★ 4.7 out of 5

Language	: English
File size	: 2836 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported

Enhanced typesetting :	Enabled
Print length :	182 pages
Lending :	Enabled
Hardcover :	124 pages
Item Weight :	9 ounces
Dimensions :	5 x 0.38 x 8 inches



The Power of Vulnerability

When a poet delves into the depths of their soul, they expose themselves to vulnerability. It is through this vulnerability that the true power of poetry emerges. By sharing their innermost thoughts and feelings, poets inspire others to embrace their own unique experiences.

The act of writing poetry requires individuals to confront their fears, doubts, and insecurities. It is a journey that often leads to profound self-discovery, allowing poets to transcend their limitations and celebrate their individuality. In this process, they not only find freedom for themselves but also inspire others to embrace their own personal journeys of self-expression.

Breaking Chains of Conformity

Poetry has long been associated with revolution and resistance. Throughout history, poets have fearlessly spoken out against injustice and oppression, using their words to shine a light on the darkest corners of society. By defying societal norms and challenging the status quo, poets have played a pivotal role in bringing about social change.

The act of writing poetry itself is an act of rebellion. It is a defiance against the limitations imposed by society, an assertion of one's individuality in a

world that often demands conformity. Through their words, poets challenge the norms, urging others to question the world around them and strive for greater freedom.

The Beauty of Language

One cannot discuss the poetry of freedom without acknowledging the sheer beauty and power of language. Poets possess a unique ability to breathe life into words, infusing them with emotion and meaning. Through carefully crafted lines and powerful imagery, they transport readers to different worlds and evoke a range of emotions.

Language, when wielded by a poet, becomes an instrument of liberation. It enables individuals to transcend their physical limitations and explore the vast landscapes of their imagination. It allows them to break free from the confines of reality and enter a realm where anything is possible.

: The Soul's Journey

Poetry is more than just words on a page; it is a journey of the soul. It is a testament to the human spirit's unwavering desire for freedom and self-expression. Through vulnerability, defiance, and the power of language, poets have the ability to liberate not only themselves but also those who engage with their work.

So let us celebrate the poetry of freedom, for it is a mirror that reflects the very essence of our humanity. Let us embrace the beauty of language, immerse ourselves in the richness of emotions, and embark on a transformative journey from the soul to the page.



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Poet Loiterer is D.L. Lang's fifth poetry book. This 180 page collection features nature poems, protest poems, spiritual poems, and story poems.

"Lang's themes include wanderlust, love for nature (and especially hiking in the California hills), religious devotion, paying the bills versus living the artist's life, and transforming from a passive pacifist to an activist. "You gave me lungs, / so that I might breathe peace" expresses forthright praise to God in "What You Created," and elsewhere, verse expresses delight in Jewish practice: "There's music and Torah both running through my soul," she observes--a quirky combination that brings to mind a Jewish Janis Joplin. In the satirical "Doves in Season," the traditional peace symbol is being hunted. "Fear not the rocking boat," another poem advises, encouraging readers to question racism, capitalism, and America's reliance on weapons. There's "More than one way to be an American," the poem "Headline Antidote" insists; indeed, this collection imagines a peaceful, joyful future America." -- Kirkus Reviews

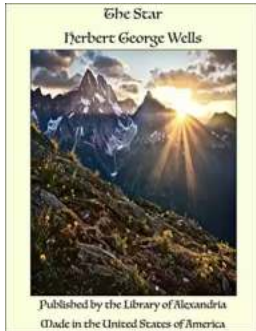
D.L. Lang is a contemporary American poet and spoken word artist. The author of over a dozen poetry books, Lang has been writing poetry for over 25 years. She has performed her poetry on stage hundreds of times at protest rallies, county fairs, literary festivals, open mics, poetry circles, bookstores, libraries, and live radio broadcasts.

From 2017 to 2019 she served as Vallejo, California's Poet Laureate. Her poems have been awarded with numerous county fair ribbons, transformed into songs, used as liturgy for prayer, and to advocate for peace, justice, and a better world.

The scribe of over 1,200 poems from haiku to free verse to masterful rhyme, covering a wide variety of topics, D.L. Lang has poetry that's sure to delight. Lang dabbles in both gritty realism and surrealistic wordplay, sorrowful elegy and uplifting affirmations. Her poetry is a mixture of topical political commentary, religious devotional meditations, and poetic autobiographical memoir. Her words take you on journeys deep into nature, memory, spirituality, and the whisperings of the heart.

She is the author of *Tea & Sprockets*, *Abundant Sparks & Personal Archeology*, *Look Ma! No Hands!*, *Poet Loiterer*, *Id Biscuits*, *Barefoot in the Sanctuary*, *Armor Against The Dawn*, *Dragonfly Tomorrows & Dog-eared Yesterdays*, *Resting on My Laurels*, *The Cafe of Dreams*, *Midnight Strike*, and *This Festival of Dreams*. She has also released a chapbook compilation entitled *Wanderings*, a Jewish poetry compilation entitled *Paradise Collectors*, and her debut spoken word album entitled *Happy Accidents*, and is the editor of *Voices, Verses & Visions of Vallejo*.

Her poetry has also been published in the Benicia Herald, Poets Are Heroes Magazine, ReformJudaism.org, Poetry Expressed, Frost Meadow Review, and the Jewish Journal of Los Angeles. Her poetry has been anthologized in A Poet's Siddur (Ain't Got No Press, 2017), Light & Shadow (Benicia Literary Arts, 2018), Marin Poetry Center Anthology, Vol. 21 (2018), and Verses, Voices & Visions of Vallejo (2019).



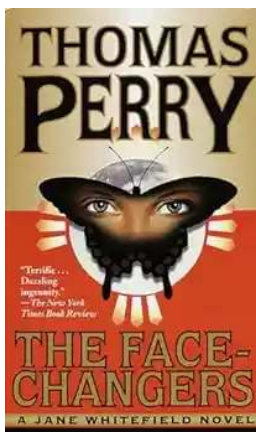
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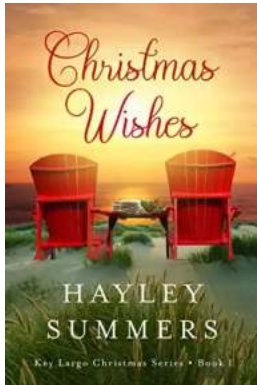
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