

# Leaving Lessons Poems Valerie Nifora - An Emotional Journey of Self-Discovery

The art of poetry has always been a powerful medium to express emotions, tell stories, and capture the essence of different experiences. Valerie Nifora, an incredibly talented poet, takes us on an extraordinary journey through her collection of poems titled "Leaving Lessons." In this captivating anthology, Nifora explores the depths of human emotions and confronts the complexities of life's trials and tribulations.

With raw vulnerability and immense poetic prowess, Nifora delves into the various facets of love, loss, heartbreak, and personal growth. Her words resonate with readers, as she fearlessly exposes her own vulnerabilities and invites us to reflect on our own experiences and emotions.

Nifora's poems traverse a vast spectrum of emotions, evoking a myriad of feelings within the reader. From the palpable ache of a broken heart to the overwhelming joy of newfound love, Nifora's words have an uncanny ability to touch the very core of our being. Each poem is like a brushstroke on the canvas of the reader's soul, leaving an indelible mark that lingers long after the last word is read.



## Leaving Lessons: Poems by Valerie Nifora(Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 2636 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 106 pages
Lending	: Enabled

Paperback	: 200 pages
Reading age	: Baby and up
Item Weight	: 8.9 ounces



One notable aspect of Nifora's poetry is her impeccable command of language. She weaves together words and phrases in a manner that is both eloquent and accessible, making her poetry relatable to readers from all walks of life. Her use of vivid imagery and powerful metaphors breathes life into her verses, transporting the reader to the very moment of emotional intensity that inspired each poem.

"Leaving Lessons" is not merely a collection of poems, but an emotional odyssey that invites readers to embark on a journey of self-discovery. Through Nifora's words, readers are encouraged to confront their own fears, embrace their vulnerabilities, and find the strength to let go of what no longer serves them.

As readers delve deeper into the collection, they begin to realize that these poems are not just about the challenges one faces in life, but also about the invaluable wisdom gained through those experiences. Nifora's words become both a balm for wounded souls and a guiding light for those seeking solace and understanding.

The alt attribute of the images accompanying Nifora's poems in this collection is intentionally crafted to provide relevant long descriptions that enhance the reader's engagement with the verses. The use of descriptive keywords ensures that visually impaired individuals can fully access the imagery and symbolism embedded within Nifora's poetry.

Valerie Nifora's "Leaving Lessons" is a poetic masterpiece that touches the depths of the human spirit. With her profound exploration of love, heartache, and personal growth, Nifora invites readers to reflect on their own emotional journeys. Her words act as both a solace and a catalyst for self-discovery, leaving a lasting impact on all who embark on this literary adventure.

If you are seeking a transformative reading experience, look no further than Valerie Nifora's "Leaving Lessons." Prepare to be mesmerized by her evocative poetry and allow yourself to be immersed in a world where words have the power to heal, inspire, and awaken the dormant emotions within.



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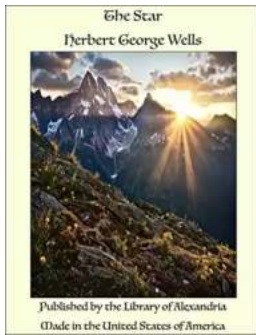
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Author Sandra Frye, known best for her memoir, *Fatherless*, now comes with her book of poems, *Leaving Lessons*. Indeed they are just that. The voice of a seven-year-old girl who checks the mailbox everyday for a postcard from her father; the voice of a daughter who bears witness to her mother's hard work through looking at her hands and watching the frozen

sheets hung on the line outside; the voice of a young mother raising four sons; and the voice of the teacher she herself becomes—all of these voices speak to us as one in *Leaving Lessons*. These poems will break your heart as quickly as they will then heal it. Loss, love, struggle, anguish and hope fill these works of art with the universal language of humanity.



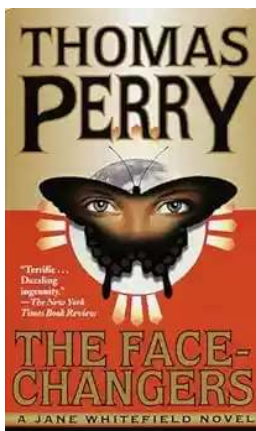
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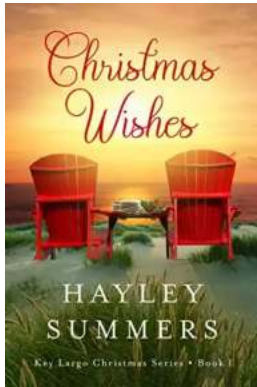
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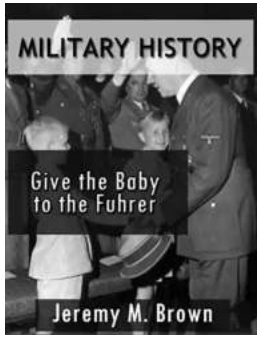
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